

Prayer Break Me

TALK IT OVER

Key Scriptures

2 Dear brothers and sisters, when troubles come your way, consider it an opportunity for great joy. 3 For you know that when your faith is tested, your endurance has a chance to grow. 4 So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.

James 1:2-4 NLT

3 Meanwhile, Jesus was in Bethany at the home of Simon, a man who had previously had leprosy. While he was eating, a woman came in with a beautiful alabaster jar of expensive perfume made from essence of nard. She broke open the jar and poured the perfume over his head.

Mark 14:3-4

26 As they were eating, Jesus took some bread and blessed it. Then he broke it in pieces and gave it to the disciples, saying, "Take this and eat it, for this is my body." 27 And he took a cup of wine and gave thanks to God for it. He gave it to them and said, "Each of you drink from it, 28 for this is my blood, which confirms the covenant between God and his people. It is poured out as a sacrifice to forgive the sins of many.

Matthew 26:26-28 NLT

19 He took some bread and gave thanks to God for it. Then he broke it in pieces and gave it to the disciples, saying, "This is my body, which is given for you. Do this to remember me."

Luke 22:19 NLT

23 Then he said to the crowd, "If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me.

Luke 9:23 NLT

33 If you cling to your life, you will lose it, and if you let your life go, you will save it.

Luke 17:33 NLT

Key Points

- **Bless Me (Prayer of Jabez)**
- **Broken and Released**
- **Broken and Poured Out**
- **Brokenness Creates a Bond**

//Bless Me (Prayer of Jabez)

Read 1 Chronicles 4:9-10.

- What comes to mind when you think of God's blessings?
- Why do we fear God breaking us? How is being broken vital to growth?

//Broken and Released

Read Mark 14:3-9.

- What do you fear losing the most?

//Broken and Poured Out

Read Matthew 26:26-28.

- Do you believe that God wants you to be comfortable and safe? Does your prayer life line up with your answer?
- How are you being broken and poured out in your life?

//Brokenness Creates a Bond

- Why would a life without brokenness prevent us from seeing God revealed in our lives?

Prayer Guide for this week

1. Reveal what I fear most about brokenness.

God, search me and reveal the person/place/thing that I fear losing. Transform my desires and dependencies to be centered on You above all else. Help me to trade fear for trust.

2. Break me.

God, change my heart and mind to desire whatever will bring me closer to you. Break my dependence on the things of this world and help me to depend solely on You. Forgive me for praying for safety and comfort. Help me to take a step out into troubled waters by faith so that You will be revealed in my life.

3. Prepare me

God, I put my faith in Your handling of my life. I trust that Your love for me is absolute and there is no better hands for my life to be in than Yours. Prepare my heart and mind to be open to whatever you have for me to do. I give my life to you for your use.